

CBT Therapist Position at the Cognitive Behavior Therapy & Mindfulness Center

About us.

The Cognitive Behavior Therapy & Mindfulness Center is a private treatment center in San Ramon, California; a beautiful suburb located 35 miles from San Francisco and 25 miles from Oakland. For a decade, the CBT & Mindfulness Center has provided empirically supported therapy for children, teens, and adults with OCD, anxiety, and depressive disorders. The center is also known as a resource for parent training, behavioral modification, and stress reduction training for Bay Area professionals. Our clinicians gain expertise in exposure therapy, behavior therapy, cognitive therapy, and mindfulness based therapies.

What we provide.

Every clinician at the center is provided mentorship and consultation in the form of weekly supervision with Robin Yeganeh, Ph.D., founder and director of the center. Clinicians at the center are given excellent training and are hired as W2 employees with paid sick leave. The new team member will join experienced psychologists who openly collaborate on cases, while having fun in a supportive atmosphere. Clinicians are provided with an office, malpractice insurance, and therapy materials.

Searching for our next clinician.

We are interested in applicants who have graduated from accredited doctoral or master's programs (LCSW, LMFT, PhD, PsyD), have behavioral, cognitive, and mindfulness-oriented training, and have clinical experience in exposure therapy with children and adults. The desired candidate has a firm CBT theoretical orientation, thrives in a friendly work environment, and is excited to take on a full caseload of clients. Our ideal applicant is responsible, uses time efficiently, and has a great sense of humor.

More about the position.

This position is full time, Monday-Friday, and involves effectively implementing scientifically supported treatments in an evidence based private practice. Compensation is competitive and based on level of experience, licensure, and graduate degree type. Clinicians are paid per therapy hour and are offered raises based on performance, proficiency treating patients, and achieving licensure. The position requires excellent communication skills, organizational skills, and an eagerness to increase expertise in CBT.

For more about the position, please email your CV, three references, and a letter of interest to dr@cbthealth.com or call [925.400.9604, ext 1](tel:925.400.9604).

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