We are delighted to extend an invitation to you for the 2nd Annual SBSM Scientific Meeting to be held November 6-7, 2020 in Nashville, TN, at the Gaylord Opryland Resort.

**Theme:** Innovative Solutions for Behavioral Sleep Medicine Challenges

**Important Dates**

**Submission**
The submittal system will open on February 14, 2020 and will close at 11:59 PM Pacific Time on June 1, 2020.

**Notification**
Primary authors will be notified by July 1, 2020 regarding selection of their proposals.

**Why a Scientific Meeting?**
SBSM has a rich history of addressing behavioral, psychological, and physiological factors that affect sleep. Our agenda will include speakers, posters, paper presentations, symposia, and workshops. **Early career professionals are especially encouraged to submit abstracts to highlight their work.**

**Topics of Interest**
At this time, the SBSM Scientific Advisory Subcommittee invites the submission of abstract/proposals that may include, but are not limited to, the following topics related to BSM for adults, children or adolescents*:

- Sleep and Co-morbid Chronic Conditions (e.g., psychiatric, medical)
  - Novel applications of BSM techniques to co-morbid medical conditions
- Implementing BSM in Practice Settings
- Telemedicine
- Implementing Behavioral Sleep Medicine in Clinical and non-Clinical Settings
- Promoting Health Equity and Eliminating Disparities
- Research Methods and Measurement Issues

To submit abstracts and proposals click on this link.
Innovative methodologies
- Big data/machine learning
- Personalized medicine
- Digital Health/Wearable Devices
- Future of Behavioral Sleep Medicine

*Proposals submitted other than those listed will also be considered.

Abstract/Proposals
Abstracts are to be submitted for poster or oral presentations. Proposals are to be submitted for symposia and workshops. All events are scheduled to take place Friday, November 6 – Saturday, November 7, 2020. Presenters must be able to present on their assigned dates.

1. Important Information about Abstract Submission and Issues Related to Copyright
- Abstracts must relate original data.

- The primary author agrees to grant SBSM permission to publish the abstract in printed material and in an online searchable database.

- The primary author retains the abstract’s copyright, and anyone who contacts SBSM wishing to use the abstract after the SBSM meeting will be instructed to contact the primary author for permission.

General guidelines for Abstracts*
- Abstracts may be submitted for a poster or oral presentation.

- Abstracts are limited to **250 words**, have 2-3 key words, and images are NOT allowed.

- Format must include: Title, Background, Methods, Results, and Discussion/Implications.

*Systematic and scoping reviews and meta-analyses will also be considered.

2. Important Information about Symposia and Workshops

The maximum number of speakers allowable is four and varies based on presentation type. Symposia and workshops should provide attendees with clear ideas they can use in their day-to-day research or clinical settings. All faculty on the proposals are expected to present content during the session and will need to register for the meeting.

- **Symposia** are designed around a common theme and should include no more than four speakers (who preferably should be from different institutions) with one of the four serving as Discussant/Moderator. Symposia are expected to last 60 minutes. The ideal 60-minute session compares and contrasts a variety of perspectives on a cohesive theme or includes presentations that are cross-disciplinary and build on one another. Please note in your proposal which speaker will manage the basic duties of the moderator. Symposia submissions should be no more than **500 words**.
• **Workshops** should be designed to be hands on (examples include audience feedback or discussion and group activities) and must include at least two learning objectives. For example, “By the end of the presentation participants will be able to assess the pros and cons of telemedicine.” Workshops may also include presentation of clinical case studies. Workshops are expected to last 2 hours and typically include one or more presenters. Workshop submissions should be no more than **500 words**.

**General guidelines for proposals**

• Statement describing the rationale/need for the topic, and description of the research/practice gap(s) which will be addressed

• Focus statement (the focus statement should give a succinct description of what topics will be discussed during the session; it will be printed in the conference brochure so that attendees will be able to make decisions on which sessions they would like to attend)

• Educational objectives (geared toward knowledge, skill, and/or attitude)

• Title

• Presenter information, including disclosures

• Presenter will be responsible for all handout materials (including articles, references/bibliography, or copies of presenters’ PowerPoint slides)

**Policies**

**Abstract/Proposal Presentation Limit:** Authors are limited to participation as “presenter” for a maximum of three abstract/proposal submissions.

**Disclosure:** SBSM requires full disclosure of relevant financial relationships from every presenter.

**Abstract/Proposal Language:** All abstract/proposal submissions must be in English. All presentations based on accepted abstract/proposal submissions must be made in English.

**SBSM Membership is not required to submit an abstract, but if accepted, you will be required to register to attend the meeting.**

**Thematic Submissions Encouraged:** Submissions are especially encouraged that reflect the theme: “Innovative Solutions for Behavioral Sleep Medicine Challenges”

**Graduate Students, Trainees, Postdoctoral Fellows and Early Career Professionals:** Submissions are especially encouraged from graduate students, trainees, postdoctoral fellows and early career professionals.

To submit abstracts and proposals [click on this link.](#)