2nd Annual Society of Behavioral Sleep Medicine (SBSM) Scientific Conference
Call for Abstracts and Workshop Proposals

To submit abstracts and proposals [click on this link.](#)

We are delighted to extend an invitation to you for the 2nd Annual SBSM Scientific Meeting to be held November 6 – 7, 2020 in Nashville, TN at the [Gaylord Opryland Resort and Convention Center](#).

**Theme:** The conference will include reporting on the latest research findings in behavioral sleep medicine (BSM). Symposia, workshops, and poster sessions will focus on content related to BSM for pediatric and adult populations, including innovative hot topics of interest to sleep researchers, practitioners, and educators.

**Important Dates**

**Submission**
The submission system will accept abstracts for oral or poster presentations, symposia, and clinical workshops. It will be open between February 14, 2020 and April 15, 2020 (11:59 PM Pacific Time). Early career professionals are especially encouraged to submit abstracts to highlight their work.

**Notification**
Primary authors will be notified by June 1, 2020 regarding the status of their abstract submission.

**Topics of Interest**
At this time, the SBSM Scientific Program Committee invites the submission of abstract/proposals that may include, but are not limited to, the following topics related to BSM for adults, children or adolescents:

- **Sleep and Co-morbid Chronic Conditions** (e.g., psychiatric, medical)
  - Novel applications of BSM techniques to co-morbid medical conditions
- **Implementing Behavioral Sleep Medicine in Clinical and non-Clinical Settings**
- **Promoting Health Equity and Eliminating Disparities**
  - Cross-cultural issues in sleep health
  - The impact and role of social determinants of health and sleep disturbance in vulnerable populations
- **Research Methods and Measurement Issues**
  - Innovative methodologies
  - Big data/machine learning
  - Personalized medicine
- **Digital Health/Wearable Devices**
  - Sleep apps and trackers
  - Actigraphy
  - Ambulatory sleep EEG assessment
• Future of Behavioral Sleep Medicine
  o Training the workforce
  o BSM, technology and mHealth

*Proposals submitted other than those listed will also be considered.

Abstracts
Abstracts are to be submitted for poster or oral presentations, symposia, or clinical workshops. All events are scheduled to take place Friday, November 6 – Saturday, November 7, 2020. Presenters must be able to present on their assigned dates.

1. Important Information about Abstract Submission and Issues Related to Copyright
• Abstracts must relate original data.
• The primary author agrees to grant SBSM permission to publish the abstract in printed material and in an online searchable database.
• The primary author retains the abstract's copyright, and anyone who contacts SBSM wishing to use the abstract after the SBSM meeting will be instructed to contact the primary author for permission.

General guidelines for Abstracts (Oral or Poster presentation)
• Abstracts are limited to 250 words, have 2-3 key words, and images are NOT allowed.
• Format must include: Title, Background, Methods, Results, and Discussion/Implications.
*Systematic and scoping reviews and meta-analyses will also be considered.

General guidelines for Abstracts (Symposia and Clinical Workshops)
The maximum number of speakers allowable is four and varies based on presentation type. Symposia and clinical workshops should provide attendees with clear ideas they can use in their day-to-day research or clinical settings. All faculty on the proposals are expected to present content during the session and will need to register for the meeting.

• Symposia are designed around a common theme and should include no more than four speakers (who preferably should be from different institutions) with one of the four serving as Discussant/Moderator. Symposia are expected to last 60 minutes. The ideal 60-minute session compares and contrasts a variety of perspectives on a cohesive theme or includes presentations that are cross-disciplinary and build on one another. Please note in your proposal which speaker will manage the basic duties of the moderator. Symposia submissions should be no more than 500 words.

• Clinical Workshops should be designed to be hands on (examples include audience feedback or discussion and group activities) and must include at least two learning objectives. For example, “By the end of the presentation participants will be able to assess the pros and cons of actigraphy.” Workshops may also include presentation of clinical case studies. Workshops are expected to last 2 hours and typically include one or more presenters. Workshop submissions should be no more than 500 words.

General guidelines for proposals:
• Statement describing the rationale/need for the topic
• Focus statement
• Educational objectives
• Title
• Presenter information
• Presenter will be responsible for all handout materials (including articles, references/bibliography, or copies of presenters' PowerPoint slides)

Policies

Abstract/Proposal Presentation Limit: Authors are limited to participation as “presenter” for a maximum of three abstract/proposal submissions.

Disclosure: SBSM requires full disclosure of relevant financial relationships from every presenter.

Abstract/Proposal Language: All abstract/proposal submissions must be in English. All presentations based on accepted abstract/proposal submissions must be made in English.

SBSM Membership is not required to submit an abstract, but if accepted, you will be required to register to attend the meeting.

Thematic Submissions Encouraged: Submissions are especially encouraged that reflect the theme: “Innovative Solutions to BSM Challenges”

Graduate Students, Trainees, Postdoctoral Fellows and Early Career Professionals: Submissions are especially encouraged from graduate students, trainees, postdoctoral fellows and early career professionals.

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Continuing Education Credits will be available with registration to the conference.

SBSM 2nd Annual Scientific Program Committee